

EARN A CORD OF COURAGE FOR GRADUATION!

GRADUATE WITH COURAGE!



The Cord of Courage Program recognizes high school seniors who have made the decision to give someone the gift of life through blood donation and recruiting blood donors.

When students (16 year old students must have a consent form) give blood during the school year they earn points toward a Cord of Courage.

When six points have been earned, the student is given a Cord of Courage to wear at graduation, and keep forever. For students who earn 10 or more points, a Super Cord of Courage can be earned. School administration must approve the cord before it can be presented.



DONATION TYPE

WHOLE BLOOD
DOUBLE RED CELLS (ALYX)
PLATELETS
PLASMA

POINTS TOWARD CORD

1 POINT EARNED
2 POINTS EARNED
2 POINTS EARNED
2 POINTS EARNED

6 POINTS = CORD OF COURAGE

10 POINTS = SUPER CORD OF COURAGE

Check our social media and website for double point opportunities!

WHAT IF I CAN'T DONATE DUE TO MEDICAL REASONS? WHAT IF MY IRON IS TOO LOW EVERY TIME I TRY TO GIVE?

If you can't donate due to medical reasons, inability to meet requirements, or if you try multiple times to give and your iron is always low, consider getting a **surrogate donor**. Ask your family and friends to donate on your behalf to earn points toward your Cord of Courage. Make sure they tell their donor care specialist they are helping you toward your Cord of Courage! **Note: You can't donate and have a surrogate donor.**

For more information about Cord of Courage, visit bloodassurance.org/cord-of-courage

To schedule an appointment, call 800.962.0628, text BAGIVE to 999777 or visit

www.bloodassurance.org/schedule

